

ULTIMATE GUIDE FOR SJT & CPST

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Q-Bank Mocks CLINICAL E-NOTES

Ultimate Guide to SJT & CPST <u>Click Here</u>

Understanding SJT and CPST

Exams

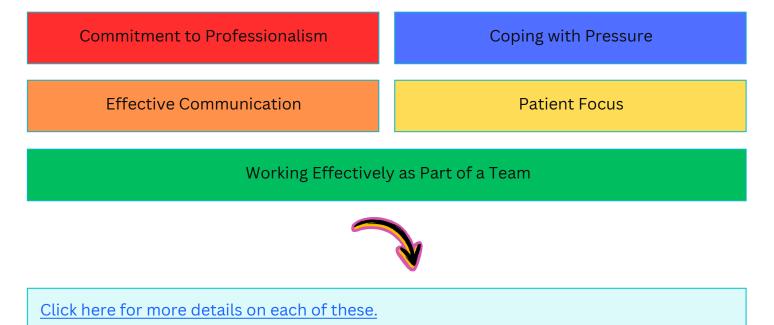
The Situational Judgement Test (SJT) and Clinical Problem Solving Test (CPST) are essential components for selection into GP training in Ireland, utilized by the Irish College of General Practitioners (ICGP). Last year, candidates were tested on 40 SJT and 30 CPST questions.

These exams evaluate your judgment, decision-making skills, and clinical knowledge through realistic scenarios

SJT has two parts



SJT assesses you on these Five Professional Attribute



Clinical Problem Solving Test (CPST)

The CPST covers various aspects of patient management, including investigation, diagnosis, emergencies, and prescribing.

You will be tested on the following topics



You might be thinking this is too much! Don't worry; we've got you covered. GPQuestPro has all the high-yield, important topics that could be tested in the CPST exam.

What Does GPQuestPro Offer



Question Bank	Grand Mocks
 Over 800 Questions Explanation of Answer Include SJT & CPST 	 2-Timed Mocks Mimic Past Questions High-Yield Content
E-Notes CPST & SJT E-Notes • Cover all topics & Subtopics • Highlighted Important Points • Coloured Interface Free for Q-Bank Subscribers	Interview Course • Once you clear SJT & CPST, take our recommended Interview Course.
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Our content is specifically designed and tailored for the Irish SJT and CPST exams. Stop relying on UK content and prepare with the right resources.

GPQuestPro CPST & SJT E-Notes were released and are free for Q-Bank Subscribers.





Myocardial Infarction Types of Acute Coronary Syndrome (ACS)

STEMI (ST-Elevation Myocardial Infarction)

- Persistent ST-segment elevation on ECG.
- Immediate reperfusion treatment (PCI or thrombolysis).
- Do not wait for troponin results before initiating treatment.

NSTEMI (Non-ST-Elevation Myocardial Infarction)

- Identified by ECG changes and elevated troponin.
 Treatment focuses on relieving ischemia, preventing thrombosis, and risk stratification.

Unstable Anging

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· Severe, new-onset chest pain without heart muscle damage

Changes in ECG but normal initial cardiac biomarkers.

Myocardial Infarction

Clinical Presentation 🥔

Chest Pain

- Central or epigastric, radiating to arms, shoulders, neck, or jaw. Described as pressure, squeezing, or aching.
 Additional Symptoms
- · Diaphoresis, nausea, vomiting, shortness of breath, fatigue,
- palpitations.
- Atypical Presentations Abdominal discomfort, jaw pain, altered mental state in elderly or diabetics. Silent MI
- · Especially in diabetics due to autonomic neuropathy.

Investigations

ECG

- The key to identifying abnormalities.
- Cardiac Markers Elevated troponin levels indicate myocardial injury.
- Chest X-ray
- · Rules out other causes of chest pain.
- Complete Blood Count (CBC)

 Provides a general health overview and helps rule out other conditions



This year, we're providing free access to Clinical E-Notes for everyone who opts for our Q-bank at the introductory price.



We are o ering a free trial for users before subscribing to our Q-Bank. <u>Start your Free Trial.</u>





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Guest Blog Series

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