

Welcome to



GPQuestPro

ULTIMATE GUIDE FOR SJT & CPST

<https://gpquestpro.com/>

Q-Bank

Mocks

CLINICAL E-NOTES

Ultimate
Guide to SJT
& CPST
[Click Here](#)

Understanding SJT and CPST Exams

The Situational Judgement Test (SJT) and Clinical Problem Solving Test (CPST) are essential components for selection into GP training in Ireland, utilized by the Irish College of

General Practitioners (ICGP). Last year, candidates were tested on 40 SJT and 30 CPST questions.

These exams evaluate your judgment, decision-making skills, and clinical knowledge through realistic scenarios

SJT has two parts

Ranking Questions

Rank responses from 1-5

Multiple Choice Questions

Choose 3 appropriate options from 8

SJT assesses you on these Five Professional Attribute

Commitment to Professionalism

Coping with Pressure

Effective Communication

Patient Focus

Working Effectively as Part of a Team



[Click here for more details on each of these.](#)

Clinical Problem Solving Test (CPST)

The CPST covers various aspects of patient management, including investigation, diagnosis, emergencies, and prescribing.

You will be tested on the following topics

Cardiology

Respiratory

GIT

Haematology

Neurology

Endocrinology

Paediatrics

Urology & Nephrology

Pharmacology

Musculoskeletal

ENT

Ophthalmology

Dermatology

Obs & Gyne

Don't
worry

You might be thinking this is too much! Don't worry; we've got you covered. GPQuestPro has all the high-yield, important topics that could be tested in the CPST exam.

What Does GPQuestPro Offer



Question Bank

- Over 800 Questions
- Explanation of Answer
- Include SJT & CPST

Grand Mocks

- 2-Timed Mocks
- Mimic Past Questions
- High-Yield Content

E-Notes

- CPST & SJT E-Notes
 - Cover all topics & Subtopics
 - Highlighted Important Points
 - Coloured Interface
- Free for Q-Bank Subscribers

Interview Course

- Once you clear SJT & CPST, take our recommended Interview Course.




Our content is specifically designed and tailored for the Irish SJT and CPST exams. Stop relying on UK content and prepare with the right resources.


GPQuestPro CPST & SJT E-Notes were released and are free for Q-Bank Subscribers.

LOOK!

For GP Aspirants Preparing for GP Training In Ireland



CARDIOLOGY



Myocardial Infarction

Types of Acute Coronary Syndrome (ACS)

- STEMI (ST-Elevation Myocardial Infarction)**
 - Persistent **ST-segment elevation** on ECG.
 - Immediate reperfusion treatment (PCI or thrombolysis).
 - Do not wait for troponin results before initiating treatment.
- NSTEMI (Non-ST-Elevation Myocardial Infarction)**
 - Identified by ECG changes and **elevated troponin**.
 - Treatment focuses on relieving ischemia, preventing thrombosis, and risk stratification.
- Unstable Angina**
 - Severe, new-onset chest pain without heart muscle damage.
 - Changes in ECG but **normal initial cardiac biomarkers**.

Myocardial Infarction

Clinical Presentation

Chest Pain

- Central or epigastric, radiating to arms, shoulders, neck, or jaw.
- Described as pressure, squeezing, or aching.

Additional Symptoms

- Diaphoresis, nausea, vomiting, shortness of breath, fatigue, palpitations.

Atypical Presentations

- Abdominal discomfort, jaw pain, altered mental state in elderly or diabetics.

Silent MI

- Especially in diabetics due to autonomic neuropathy.

Investigations

ECG

- The key to identifying abnormalities.

Cardiac Markers

- Elevated troponin levels indicate myocardial injury.

Chest X-ray

- Rules out other causes of chest pain.

Complete Blood Count (CBC)

- Provides a general health overview and helps rule out other conditions.



This year, we're providing free access to Clinical E-Notes for everyone who opts for our Q-bank at the introductory price.



We are offering a free trial for users before subscribing to our Q-Bank. [Start your Free Trial.](#)

**CUSTOMER
REVIEW**



[Read full reviews here](#)

Guest Blog Series

This year, one of our users achieved a top decile ranking and secured her preferred scheme. [Read about her journey here.](#)

A dark blue banner with a white and green graphic on the right side. The graphic consists of a circular portrait of a woman with long black hair and bangs, set against a green background with a white border. The banner contains the following text:

How I Passed SJT & CPST
Dr Filza Riaz's Journey of Irish GP Entry Exams

Key Points:

- ✓ Aspiration to Join General Practice
- ✓ The Role of a GP in the Community
- ✓ Discovering GPQuestPro for GP Scheme Preparation
- ✓ Success with GPQuestPro
- ✓ Endorsement of GPQuestPro

Subscribe to GPQuestPro Question Bank
<https://gpquestpro.com/>

GP Training In Ireland

At the bottom right of the banner is the GPQuestPro logo, which features a green shamrock on a white book cover. To the right of the logo is the text "GPQuestPro" in a blue sans-serif font.

[Read All Guest Blogs Here](#)



[Visit GPQuestPro Website](#)



[Like Our Facebook Page for Updates](#)



[Follow our Whatsapp Channel](#)

Copyright@ 2024 GPQuestPro